

**DEPT. OF KAYA-CHIKITSA & PANCHKARMA
DAYANAND AYURVEDIC COLLEGE & HOSPITAL
JALANDHAR**

PANCHKARMA CASE RECORD

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....
 Patient's Name.....Age/Sex Father/Husband's Name.....
 Education.....Marital Status..... Socio-Economic Status/Occupation.....
 Address.....

Panchkarma Indication Tick ✓/✗

Health Maintenance Rejuvenation Curative Therapy
 Diagnosis.....

VIRECHAN KARMA

I. PURVA KARMA (PRELIMINARY PROCEDURE)

Examination Of Patient B.P.mm/Hg Pulse...../m Temp.° F. Respi./m Anaemia.....

Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....

Apparatus/Materials

Snehan (Internal)

Name of Sneha with Anupan	1 st Day	2 nd Day	3 rd Day	4 th Day	5 th Day	6 th Day	7 th Day
Date							
Quantity							
Observation							

Abhyang&Swedan

Abhyang Type	Swedan Type	Date & Duration	Observation
		1. 2.	

Diet 1. One Day before Virechan..... 2. On Virechan Day Morning.....

Selection Of Virechan Yoga **Dosage**

II. PRADHAN KARMA (MAIN PROCEDURE)

Administration of Virechan Medicines

Virechan Yoga	Time	Vega	Time	Upvega	Time
Total output					

Features of Samyak/Asamyak /Atiyoga.....

Type of Shodhan (Tick ✓/✗) PRAVAR MADHYAM AVAR

Complication (if any)..... Line of Treatment.....

Rx a)..... b)..... c)..... d).....

III. PASCHAT KARMA (POST PROCEDURE)

Sansarjan Krama

Day	Timings	Prvara Shudhi	Madhyam Shudhi	Avar Shudhi
1 st	Morning Evening	No Diet to be given		
2 nd	Morning Evening			
3 rd	Morning Evening			
4 th	Morning Evening			
5 th	Morning Evening			
6 th	Morning Evening			
7 th	Morning Evening			

Planning for Next Procedure(if recommended).....

(Student)

(Teacher I/C)

(Panchkarma Dept. I/C)

(H.O.D. Kaya Chikitsa)