

**DEPT. OF KAYA-CHIKITSA & PANCHKARMA
DAYANAND AYURVEDIC COLLEGE & HOSPITAL
JALANDHAR**

PANCHKARMA CASE RECORD

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....
 Patient's Name.....Age/Sex. Father/Husband's Name.....
 Education.....Marital Status..... Socio-Economic Status/Occupation.....
 Address.....

Panchkarma Indication Tick (4/6)

Health Maintenance Rejuvenation Curative Therapy

Diagnosis.....

VASTI KARMA

Vasti Type..... Vasti Name..... Vasti Kram.....

I. PURVA KARMA (PRELIMINARY PROCEDURE)

Examination Of Patient B.P.mm/Hg Pulse...../m Temp.....° F. Respi...../m Anaemia.....
 Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....

Apparatus/Materials.....

Abhyang

SNEH FOR ABHYANG	DATE & DURATION	OBSERVATION

Swedan

TYPE	DATE & DURATION	OBSERVATION
1.		
2.		

Vasti Yoga

TEXT BOOK	CHAPTER	SUTRA/PAGE NO.	ROGADHIKAR	
.....	
S.No.	Drugs	Part Used	Quantity	Unit

<u>Method of Preparation</u>
<u>Dosage</u>

II. PRADHAN KARMA (MAIN PROCEDURE)

Vasti Administration

<u>Time of Vasti administration</u>
<u>Procedure</u>
<u>Retention Period</u>

Features of Sanyak/Asanyak/Akiyoga

SAMPLE

Complication (if any)..... *Line of Treatment*.....

Rx a)..... b)..... c)..... d).....

III. PASHCHAT KARMA (POST PROCEDURE)

Diet.....

Planning for next Vasti/Procedure.....

Parihar

(Student)

(Teacher I/C)

(Panchkarma Dept. I/C)

(H.O.D. Kaya Chikitsa)