

DEPT. OF KAYA-CHIKITSA & PANCHKARMA
DAYANAND AYURVEDIC COLLEGE & HOSPITAL
JALANDHAR

PANCHKARMA CASE RECORD

Sr. No..... OPD/IPD No..... Bed No..... D.O.A..... D.O.D.....
 Patient's Name.....Age/Sex Father/Husband's Name.....
 Education.....Marital Status..... Socio-Economic Status/Occupation.....
 Address.....

Panchkarma Indication Tick (4/6)

Health Maintenance Rejuvenation Curative Therapy

Diagnosis.....

VAMAN KARMA

I. PURVA KARMA (PRELIMINARY PROCEDURE)

Examination Of Patient B.P.mm/Hg Pulse...../m Temp.°F. Respi./m Anaemia.....

Dosha Estimation..... Dushya Estimation..... Atur Bal..... Vyadhi Bal.....

Apparatus/Materials

Snehan (Internal)

Name of Sneha with Anupan	1 st Day	2 nd Day	3 rd Day	4 th Day	5 th Day	6 th Day	7 th Day
Date							
Quantity							
Observation							

Abhyang&Swedan

Abhyang Type	Swedan Type	Date & Duration	Observation
		1. 2.	

Diet 1. One Day before Vaman..... 2. On Vaman Day Morning.....

Selection Of Vaman Yoga **Dosage**

II. PRADHAN KARMA (MAIN PROCEDURE)

Administration of Vamaka Medicines

Intake	Time	Vega	Time	Upvega	Time
Liquid Medicine					
Vamak Yoga					
Vamnopag Medicine					
Total Intake		Total Output			

Features of Samyak/Asamyak /Atiyoga.....

Type of Shodhan Tick (4/6) PRAVAR MADHYAM AVAR

Complication (if any)..... *Line of Treatment*.....

Rx a)..... b)..... c)..... d).....

III. PASCHAT KARMA (POST PROCEDURE)

Dhumrapana Yoga..... Duration..... Results.....

Sansarjan Kram

Day	Timings	Prvara Shudhi	Madhyam Shudhi	Avar Shudhi
1 st	Morning Evening	No Diet to be given		
2 nd	Morning Evening			
3 rd	Morning Evening			
4 th	Morning Evening			
5 th	Morning Evening			
6 th	Morning Evening			
7 th	Morning Evening			

Planning for Next Procedure (if recomened).....

(Student)

(Teacher I/C)

(Panchkarma Dept. I/C)

(H.O.D. Kaya Chikitsa)